

PROGRAM

TIME WEDNESDAY, JUNE 7, 2023

16:00 - 18:30	Registration
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TIME THURSDAY, JUNE 8, 2023

07:30	Registration opens
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08:30 - 10:00	<p>SILFURBERG A + B Opening session: <i>The Future of Cardiology</i> Moderators: Þórdís Jóna Hrafnkelsdóttir, MD PhD, Iceland and Gunnar Þór Gunnarsson MD PhD, Iceland</p> <p>P. J. Hrafnkelsdóttir, President of the Icelandic Society of Cardiology. F. Weidinger, MD PhD, Austria, President of the European Society of Cardiology: Treatment strategies for chronic coronary syndromes. D. O. Arnar, MD PhD, Iceland: The Future of Cardiology</p>
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10:00 - 10:30	<p>Coffee break/Exhibition/Moderated posters Poster session 1 - Arrhythmias and device therapy Poster session 2 - Arrhythmias and device therapy / Basic science Poster session 3 - Imaging / Basic science</p>
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10:30 - 12:00	<p>SILFURBERG A A-B-C, a Comprehensive Management of Atrial Fibrillation Moderators: P.R. Taub, MD PhD, USA and K. Guðmundsdóttir Kemp, MD PhD, Iceland</p> <p>Afib screening and anticoagulation J. Engdahl, MD PhD, Sweden</p> <p>AF symptom control H.M.Skúladóttir, MD, Iceland</p> <p>Comorbidities and lifestyle treatment in AF H. Saارينen, MD, Finland</p>	<p>SILFURBERG B Genetics as an integral part of cardiovascular disease management; current practice and future opportunities Moderators: D. O. Arnar, MD PhD, Iceland and J Mogensen, MD PhD, Denmark</p> <p>Clinical translation of rare variants in cardiovascular diseases P. Sulem, MD, Iceland</p> <p>Prediction of First and Recurrent Cardiovascular Events Using Large-Scale Proteomics H. Helgason, PhD, Iceland</p> <p>Genome-wide association analysis of resistant hypertension identifies 24 risk variants and strong links to hyperaldosteronism and serum potassium levels H. Hólm, MD, Iceland</p>	<p>RÍMA A + B Bleeding complications ModeratorS: B. Libungan, MD PhD, Iceland and M. Serg, MD PhD, Estonia</p> <p>Bleeding and bleeding risk in elderly NSTEMI patients P. Porela, MD PhD, Finland</p> <p>Crash course in clinical stroke treatment B. L. Þórarinnsson, MD, Iceland</p> <p>Antiplatelet therapy and bleeding risk in cardiac surgery patients P.A. Jeppsson, MD PhD, Sweden</p>	<p>KALDALÓN Nursing program The significance of models of care in the services of cardiac patients Moderators: A. Ketilsdóttir, RN MSc, Iceland and T.M. Norekvål, RN, MSc, PhD, Norway</p> <p>KEYNOTE LECTURE: How do we evaluate models of care for patients with cardiovascular conditions? J. Hendriks, RN MSc PhD, Australia</p> <p>Cardiovascular patient's experience of care R.K Haraldsdóttir and D. Brynjarsson</p> <p>Panel discussion Hendriks, Risom, Haraldsdottir, Brynjarsson</p>
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12:00 - 13:30	Lunch/Exhibition
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12:30 - 13:30	<p>SILFURBERG A The Heart of Iceland Tómas Guðbjartsson, MD PhD, Iceland</p>
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13:30 - 15:00	<p>SILFURBERG A Ischemic heart disease, interventions and guidelines in practice Moderators: P. Guðnason, MD PhD, Iceland and J. F. Lassen, MD, PhD, Denmark</p> <p>Left main disease in the Nordics I. J. Guðmundsdóttir, MD PhD, Iceland</p> <p>Revascularization in heart</p>	<p>SILFURBERG B Cardiovascular imaging, CT, MRI and Echo Moderators: R. Danielsen, MD PhD, Iceland and Tiina Ojala, MD PhD</p> <p>Echocardiographic evaluation of hypertrophic cardiomyopathy: up-to-date knowledge and practical tips K. Palm, MD, Estonia</p> <p>CMR in heart failure patients: current opportunities and</p>	<p>RÍMA A + B Adults with Congenital Heart Disease, all you want to know Moderators: G. Sigfússon, MD, Iceland and Z. Mandalenakis, MD PhD, Sweden</p> <p>Morbidity and mortality in ACHD Z. Mandalenakis, MD PhD, Sweden</p> <p>Interventional</p>	<p>KALDALÓN Atrial fibrillation: patients' experiences and integrated care Moderators: H.Y. Erlingsdóttir, RN MSc, Iceland and L. Hagalund, RN MSc, Sweden</p> <p>The relationship between illness perceptions and health-related quality of life in patients with atrial fibrillation</p>
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	<p>failure following the REVIVED trial M. Roffi, MD PhD, Switzerland</p> <p>The underrated role of intravascular imaging in the management of coronary artery disease. A. Erglis, MD PhD, Latvia</p>	<p>future perspectives T. Lapinskas, MD PhD, Lithuania</p> <p>CTA what's on the horizon? M. Böttcher, MD PhD, Denmark</p>	<p>catheterisation in adults with congenital heart disease P. Eriksson, MD PhD, Sweden</p> <p>Pregnancy in ACHD, associated risk and management M-E. Estensen, MD PhD, Norway</p> <p>Simple defects, not so benign as it sounds? M. Rahbek Schmith, MD PhD, Denmark</p>	<p>L. Holmlund, MSc, RN, Sweden</p> <p>Mental health, quality of life and symptom experience among patients who have had an ablation for atrial fibrillation S.S. Rissom, RN MSc PhD, Denmark</p> <p>Understanding for whom, under what conditions, and how an integrated approach to atrial fibrillation service delivery works A. Pearson, RN MSc, United Kingdom</p> <p>Integrated care in Atrial Fibrillation J. Hendriks, RN MSc PhD, Australia</p>
15:00 - 15:30	<p>Coffee break/Exhibition/Moderated posters Poster session 4 - Coronary artery disease Poster session 5 - Heart failure Poster session 6 - Hypertension</p>			
15:30 - 17:00	<p>SILFURBERG A The many faces of heart failure Moderators: J. Celutkine, MD PhD, Lithuania and I. J. Ingimarsdóttir, MD PhD, Iceland</p> <p>The heart and the kidneys relationships status – it is complicated S. Snædal, MD PhD, Iceland</p> <p>Cardiac transplantation and VADs, for whom and when? O Braun, MD PhD, Sweden</p> <p>Device therapy in heart failure F. Braunschweig, MD PhD, Sweden</p>	<p>SILFURBERG B Prevention across the metabolic spectrum Moderators: A.F. Sigurðsson, MD PhD, Iceland and M. Leósdóttir, MD PhD, Sweden</p> <p>Lifestyle Strategies for Cardiometabolic Disease P.R. Taub, MD PhD, USA</p> <p>Reducing the impact of atherogenic lipoproteins throughout the lifecourse - what do we have now and what is coming K. Ray, MD PhD, UK</p> <p>Diabetes and cardiovascular risk – moving from a glucocentric to a holistic view on management. L. Ryden, MD PhD, Sweden</p>	<p>RÍMA A + B Cardiovascular disease in the elderly, the future is old. Moderators: B. Adalsteinsdóttir, MD PhD, Iceland and E. Skaar, MD PhD Norway</p> <p>The concept of frailty and impact of frailty screening prior to TAVI S. Rostoft, MD PhD, Norway</p> <p>Acute coronary syndrome in frail older adults, limitation of evidence and strategies to improve care J. Alfredsson, MD PhD, Sweden</p> <p>Reversing frailty to improve outcomes in older adults undergoing cardiovascular interventions J. Afilalo, MD PhD, Canada</p> <p>Panel discussion: All above joined by V. Guldbrand Rasmussen, MD PhD, Denmark.</p>	<p>KALDALÓN Remote and Digital Health Solutions Moderators: H. Halldorsdóttir, RN MSc, Iceland and I.E. Højskov, RN PhD, Denmark</p> <p>Remote symptom monitoring and self-care support for Heart failure patients H. Broddadóttir, RN MSc, Iceland</p> <p>Behavior and the heart: Online cognitive behavioral therapy for atrial fibrillation and post myocardial infarction J. Särnholm, Sweden</p> <p>Trust-building and personalized life changes among digital cardiac rehabilitation process. MR. Anttila, RN Phd, Finland</p> <p>eCardiacRehab program T.M. Norekvål, RN MSc PhD, Norway</p>
17:00 - 18:30	Mingle at Björtuloft Harpa			

TIME FRIDAY, JUNE 9

<p>08:30 - 10:00</p>	<p>SILFURBERG A Cancer treatment and cardio-toxicity Moderators: P. J Hrafnkelsdóttir, MD PhD, Iceland, and M. Elmet, MD, Estonia</p> <hr/> <p>Cardiotoxicity: the oncologist's perspective A. Smáradóttir, MD, Iceland</p> <hr/> <p>What do the guidelines tell us? N. Lang, MD PhD, UK</p> <hr/> <p>9:30 Reaching the label of top 10 best hospitals in the world. Dr B. Zoëga, MD PhD, Sweden</p>	<p>SILFURBERG B The autonomic nervous system Moderators: Egidiija Rinkuniene, MD, Lithuania, and M. R. Schmidt, MD PhD, Denmark</p> <hr/> <p>ANS dysfunction and postural orthostatic tachycardia syndrome post COVID A. Fedorowski, MD PhD, Sweden</p> <hr/> <p>POTS - A clinician's perspective S. Guðmundsson, MD, Iceland</p> <hr/> <p>Sleep, Death and the Heart - Autonomic Neural Mechanisms V. Somers, MD PhD, USA</p>	<p>RÍMA A + B The young (at heart) cardiologist Moderator: H. Agnarsson, MD, Iceland</p> <hr/> <p>Hands-on-ECG H. Agnarsson, MD, Iceland</p> <hr/> <p>Electrophysiology for the Non-Electrophysiologist K. Guðmundsson, MD, Iceland</p>	<p>KALDALÓN NURSING PROGRAM</p> <hr/> <p>Living with heart disease Moderators: G. K. Þórðardóttir, RN MSc, Iceland and R. Nacaytuna, RN, MSc, Iceland</p> <hr/> <p>Informing patients about potential adverse drug reactions after percutaneous coronary intervention reduces the occurrence of self-reported adverse drug reactions. ONLINE LECTURE T. Pettersen, RN, MSc, PhD, Norway</p> <hr/> <p>Bridging Gaps in Care – a new pathway for Patients with cryptogenic stroke and a persistent foramen ovale B. Lykkeberg, RN, MSc, PhD, Denmark</p> <hr/> <p>Lack of social support and its impact on health behaviors and health outcomes in patients with cardiac disease. M. Blakø, RN, MSc, PhD, Denmark</p> <hr/> <p>Palliative care and meaningful conversations in preparation of end of life for people with advanced cardiac disease Y. Millerick, RN MSc, United Kingdom</p>
<p>10:00 - 10:30</p>	<p>Coffee Break/Exhibition/Moderated posters Poster session 7 - Interventional cardiology and cardiovascular surgery Poster session 8 - Myocardial, pericardial and valvular disease</p>			
<p>10:30 - 12:00</p>	<p>SILFURBERG A Chronic heart failure Moderator: A. Rafnsson, MD PhD, Iceland, and O. C. Mjølstad, MD PhD, Norway</p> <hr/> <p>The Icelandic Heart Failure Registry and clinical HF research I. J. Ingimarsdóttir, MD PhD, Iceland</p> <hr/> <p>STRONG-HF - concept of chemotherapy for HF Jelena Celutkiene, MD PhD, Lithuania</p> <hr/> <p>New therapies in HFpEF Dan Atar, MD PhD, Norway</p>	<p>SILFURBERG B Heart and sleep Moderator: H.M. Skúladóttir, MD, Iceland and A. Erglis MD PhD, Latvia</p> <hr/> <p>Treatment of sleep apnea in the cardiac patient; Clinical pearls and pitfalls J. Cunningham, MD, Iceland</p> <hr/> <p>The future of sleep apnea diagnostics E.S. Arnardóttir, PhD, Iceland</p> <hr/> <p>The importance of incorporating cardiovascular parameters in sleep diagnostics - signal analytical approach S. Kainulainen, PhD, Finland</p> <hr/> <p>Sleep and Belly Fat- You Lose Some, You Gain Some V. Somers, MD PhD, USA</p>	<p>RÍMA A + B The young (at heart) cardiologist Moderator: J. Hlebowicz, MD PhD, Sweden, and J. Badariene, MD PhD, Lithuania</p> <hr/> <p>„The kids are getting older“ - everything a fellow needs to know about ACHD M.R. Schmidt, MD PhD, Denmark</p> <hr/> <p>„Why the future is prevention“ - everything a fellow needs to know about lipids A.Sigurðsson, MD PhD, Iceland and K.Ray, MD PhD, UK</p>	<p>KALDALÓN Chest pain: from initial assessment to quality of life Moderators: B. Kærnsted, RN MSc, Iceland and H. Broddadóttir, RN MSc, Iceland</p> <hr/> <p>KEYNOTE LECTURE: The development of a nurse-led chest pain service from ED to the community: a 10-year journey S. Ingram, RN MSc RANP, Ireland</p> <hr/> <p>Chest pain assessment, triage and treatment in the emergency department Landspítali P.E. Hjartardóttir, RN, Iceland</p> <hr/> <p>Psychological and emotional well-being in cardiac patients following heart disease diagnosis and intervention: Implications and support needs E. Svansdóttir, Cand Psych PhD, Iceland</p> <hr/> <p>ORAL ABSTRACT PRESENTATION COMPETITION Perfect health not so perfect after all – the use of generic and disease-specific patient-reported outcomes measures in description of health in 2574 patients following PCI</p>

12:00 - 13:30 **Lunch/Exhibition**

12:30 - 13:30

SILFURBERG A**Gold sponsor session: Novonordisk
Obesity and cardiovascular disease: A heavy clinical burden?**

12:30 - 13:00

Treatment of obesity: Linking means of action to clinical outcomesDr. Erla Sveinsdóttir, Medical director, Women's health clinic in Primary Care
Past-President, The Icelandic Association for the Study on Obesity, Iceland

13:00 - 13:30

From a cardiologist point of view: Do we need to care about obesity?

Dr. Morten Böttcher, Professor, cardiology. Godstrup Hospital, Denmark

13:30 - 15:00

SILFURBERG A**Hypertrophic
cardiomyopathy**

Moderator: G. P. Gunnarsson, MD PhD, Iceland, and M. Elmet, MD, Estonia

**The peek-and-boo left
ventricular outflow tract
obstruction gradient**

B. Aðalsteinsdóttir, MD PhD, Iceland

**Family screening and
follow-up in hypertrophic
cardiomyopathy**

J. Mogensen, MD PhD, Denmark

**Advances in
personalized treatment
of LVOT obstruction.
(ONLINE)**

I. Olivotto, MD PhD, Italy

SILFURBERG B**Arrhythmias and risk
assessment**

Moderator: D. O. Arnar, MD PhD, Iceland, and A. Erglis, MD PhD, Latvia

**Ventricular
Tachycardia - causes
and pathophysiology**

K. Guðmundsson, MD, Iceland

**Syncope – a pragmatic
approach**

A. Fedorowski, MD PhD, Sweden

ICD treatment in 2023

F. Braunschweig, MD PhD, Sweden

RÍMA A + B**The young (at heart)
cardiologist**

Moderator: H. Agnarsson, MD, Iceland

**Hands-on-haemodynamics,
simulation and so much more**

M. Broomé, MD PhD, Sweden

KALDALÓN**NURSES PROGRAM****Coronary risk: complex
interactions**

Moderators: I. V. Ólafsdóttir, RN, MSc, Iceland and P. Puranen, RN MHC, Finland

**Pregnancy, menopause and
heart disease risk**

H. L. Oddgeirsdóttir, MD, Iceland

**Psychological trauma and the
risk of developing heart
disease**

R.S.D. Lynch, MD, Iceland

**Risk factor profile of patients
with coronary heart disease
and their risk of developing
diabetes**

M.H. Svavarsdóttir, RN MSc, PhD, Iceland

**Effects of cardiac
rehabilitation on coronary risk
factors**

M. Leósdóttir, MD PhD Sweden

15:00 - 15:30

Coffee break/Exhibition/Moderated postersPoster session 9 - Other I
Poster session 10 - Other II
Poster session 11 - Preventive cardiology

15:30 - 17:00

SILFURBERG A**Secondary prevention**

Moderators: K. Andersen, MD PhD, Iceland, and D. Atar, MD PhD, Norway

**Clinical CAD cases – a
journey through the
decades**

B. Libungan, MD PhD, Iceland

**Are we achieving our
goals?**

M. Leósdóttir MD PhD, Sweden

**Lipids, combination lipid-
lowering therapy vs step-
wise approach- time to
be pragmatic**

K. Ray, MD PhD, UK

SILFURBERG B**Percutaneous valve
interventions, new
frontiers**

Moderators: M. Niemelä, MD PhD, Finland, and I. J. Guðmundsdóttir, MD PhD

**Simulation of valvular
disease**

M. Broomé, MD PhD, Sweden

**Considerations
regarding lifetime
management of a
patient referred for
TAVI**

G. Bieliauskas, MD, Denmark

**Minimal invasive mitral
OP**

P. Wierup, MD PhD, Sweden

RÍMA A + B**The young (at heart)
cardiologist**

Moderators: G. P. Gunnarsson, MD PhD, Iceland, and Karlis Trusinskis, MD PhD, Latvia

Clinical cases presentation**Clinical cases awards****KALDALÓN****NURSING PROGRAM****How do we counsel our
cardiac patients?**

Moderators: M. V. Guðmundsdóttir, RN MSc, Iceland, and M.H. Svavarsdóttir, RN MSc PhD

**Health literacy and
cardiovascular disease
management**

B. Ingadóttir, RN MSc PhD, Iceland

**Motivational interviewing and
lifestyle changes**

H. S. Friðjónsdóttir, RN MSc PhD, Iceland

**Positive psychology, a useful
strategy to support lifestyle
changes**

S. Sigurðardóttir, MD, Iceland

**Lifestyle changes from a
person-centered approach**

M. Lidin, RN MSc PhD, Sweden

17:00 - 18:00

RÍMA A + B**ECG Quiz**

Moderators: H.R. Agnarsson, MD, Iceland and H.Saarinen, MD, Finland

TIME SATURDAY, JUNE 10

08:30 - 10:00

SILFURBERG A + B

Cardiovascular prevention and epidemiology; New insights from the Icelandic Heart Association

Moderator: C. Held, MD PhD, Sweden, and R. Slapikas, MD PhD, Lithuania

Improved CV risk assessment by adding imaging

V. Guðnason, MD PhD, Iceland

New insights from omics data in cardiovascular risk assessment

V. Guðmundsdóttir, PhD, Iceland

Relation of educational attainment with subclinical atherosclerosis

K. Andersen, MD PhD, Iceland

Trends in STEMI and NSTEMI diagnoses during 35 years - a total population perspective in Iceland

S. Bjarnadóttir, MD, Iceland

The impact of population based interventions vs statins in cholesterol lowering over 25 years

B. Þórsson, MD, Iceland

RÍMA A + B

NURSING PROGRAM

Oral Abstract Presentation Competition

Moderators: P. Puranen, RN MHC, Finland and L. Haglund, RN MSc, Sweden

Jury: I.E. Højskov, RN MSc PhD, Denmark, M. Svavarsdóttir, RN MSc PhD Iceland, and A. Ketilsdóttir, RN MSc, Iceland

Advanced heart failure nursing experience at Tartu University Hospital in Estonia

A. Elmet, RN MSc, Estonia

Perceived social support among percutaneous coronary intervention patients over a six-years follow-up period

O.M. Kähkönen, RN MSc PhD, Finland

Co-creation in the development of a digital cardiac rehabilitation programme

K.J. Ramstad, RN MSc, Norway

The launching of a nurse-led acute myocardial infarction secondary prevention program at Tartu University Hospital in Estonia

A. Elmet, RN MSc, Estonia

Attribute development for a discrete choice experiment to elicit patient preferences for a digital cardiac rehabilitation programme: a qualitative study

N. Hjertvikrem, RN MSc PhD, Norway

The nurse's role in the cardiac rehabilitation team – data from the Perfect-CR study and SWEDEHEART

M. Lidin, RN MSc PhD, Sweden

Best presentation nomination and awards

10:00 - 10:30

Coffee break/exhibition

10:30 - 12:00

SILFURBERG A + B

European Heart Journal's year in cardiovascular medicine

Moderator: Marco Roffi, Co-editor of EHJ, MD PhD, Switzerland, Gunnar Þór Gunnarsson, MD PhD, Iceland

Cardiovascular risk factors – prevention

K Andersen, MD PhD, Iceland

Coronary artery disease

EHJ speaker Marco Roffi, MD PhD, Switzerland

Imaging

K Trusinskis, MD PhD, Latvia

Heart failure

EHJ speaker Dan Atar, MD PhD, Norway

12:00 - 12:30

SILFURBERG A + B

Closing remarks and next Congress

Wrap up- what have we achieved?

Head of Scientific Committee, Gunnar Þór Gunnarsson, MD PhD, Iceland

NBCC2025

President elect of the Danish Society of Cardiology: Prof. Jens Flensted Lassen, MD PhD, Denmark

The Future of Cardiology - Closing remarks

Head of Organizing Committee: Þórdís Jóna Hrafnkelsdóttir, MD PhD, Iceland